

The 3622 Hammer Conversion Circle is designed to be installed in an existing discus circle to convert it for the hammer throw. The allows single circle hammer cages to be used for both hammer and discus competition. The circle is made from 3/4" thick white expanded PVC plastic. The circle consists of seven interlocking sections that form a solid ring that is easily installed and removed.

The IAAF rules state that the inside diameter of the discus circle must be 2.5m +/- 5mm. The outside diameter of the conversion circle is made to the small side of the IAAF tolerance.

