

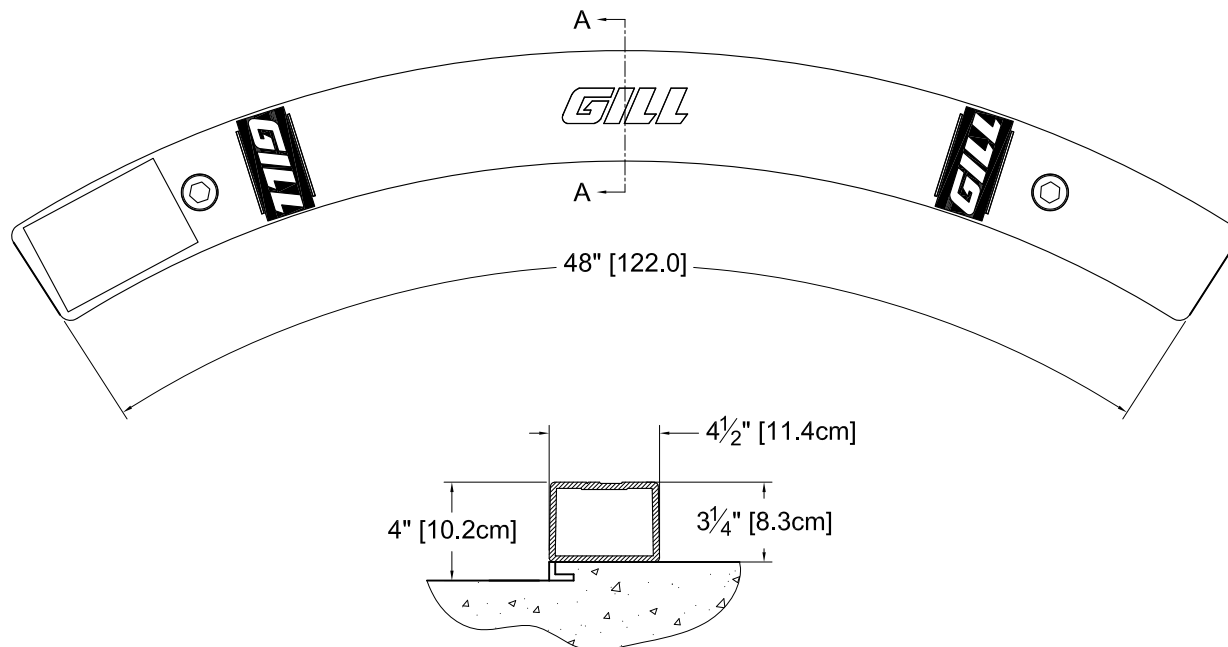


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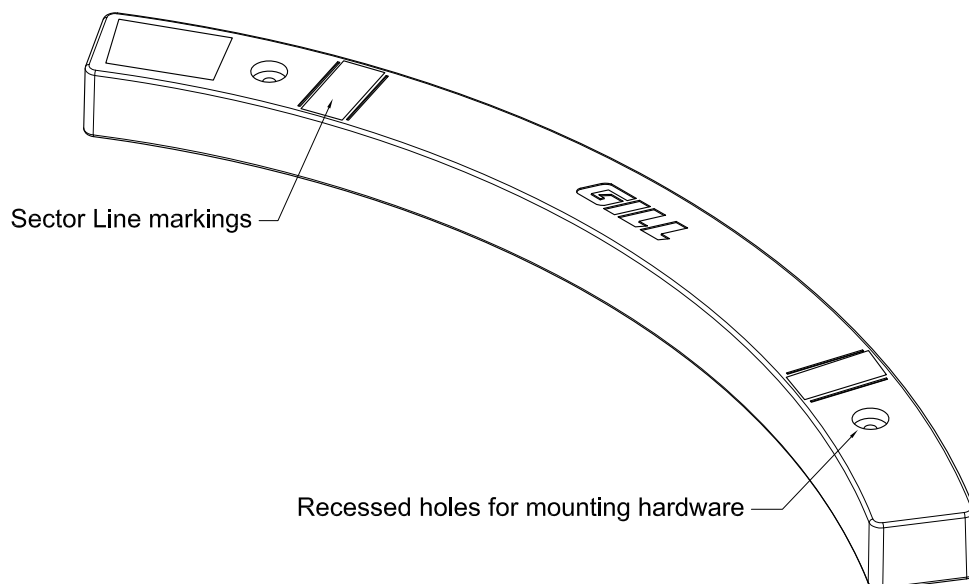
## 358 - SYNTHETIC TOEBOARD for RECESSED PAD SPECIFICATIONS

### SPECIFICATIONS

The 358 Synthetic Shot Put Toeboard is designed to be used with a 3/4" [19mm] depressed throwing surface formed by an aluminum shot circle embedded in the concrete pad. The toeboard is fabricated from low density polyethylene with a wall thickness of 1/4" [6.4mm]. The toe board is white and features sector line markings. This toeboard meets all NFSHSA, NCAA, and IAAF requirements.



Section A-A



Sector Line markings

Recessed holes for mounting hardware



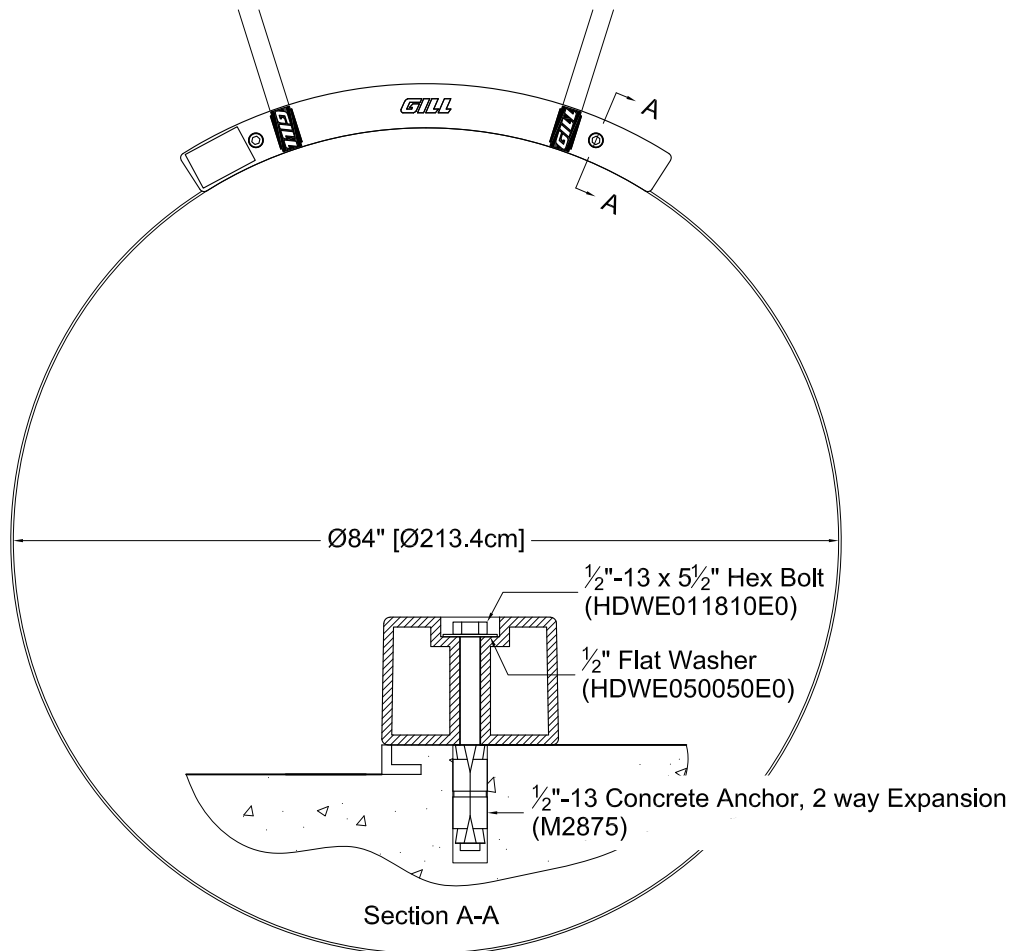
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## 358 - SYNTHETIC TOEBOARD for RECESSED PAD INSTALLATION INSTRUCTIONS

### INSTRUCTIONS

1. The 358 toeboard is mounted to a concrete pad with a 3/4" [19mm] depressed throwing surface.
2. Using the toeboard as a template, mark the center of the holes to be drilled for the bolt anchors. Be sure the toeboard is properly positioned with the inside curved edge of the toeboard even with the inner edge of the ring. The toeboard must also be centered on the sector lines.
3. Drill the  $\varnothing 7/8"$  holes for the expansion anchor about  $2 3/4"$  deep. Remove dust and debris from the holes. Tap the anchors into the holes with the threaded end first. The anchor should be flush with the top of the concrete. DO NOT drive the anchor to the bottom of the hole.
4. Position the toeboard with the holes aligned with the anchors. Place the  $1/2"$  washer in the recessed hole. Insert the  $1/2"$ -13 x  $5 1/2"$  hex bolts into the holes and, using a socket wrench, tighten the bolts down.

NOTE: Toeboard must be centered on sector lines



### NOTICE

All installations should be done by experienced contractors and in accordance with all applicable codes, laws and regulations. Suggested installation instructions herein are illustrative only and should be adapted to suit local requirements. GILL Athletics is not responsible for the manner in which these products are installed.

THIS WARNING IS GIVEN IN COMPLIANCE  
WITH CALIFORNIA'S PROPOSITION 65:

#### WARNING

This product contains chemicals known to the  
State of California to cause cancer, birth defects  
or other reproductive harm.

suggestions@gillathletics.com

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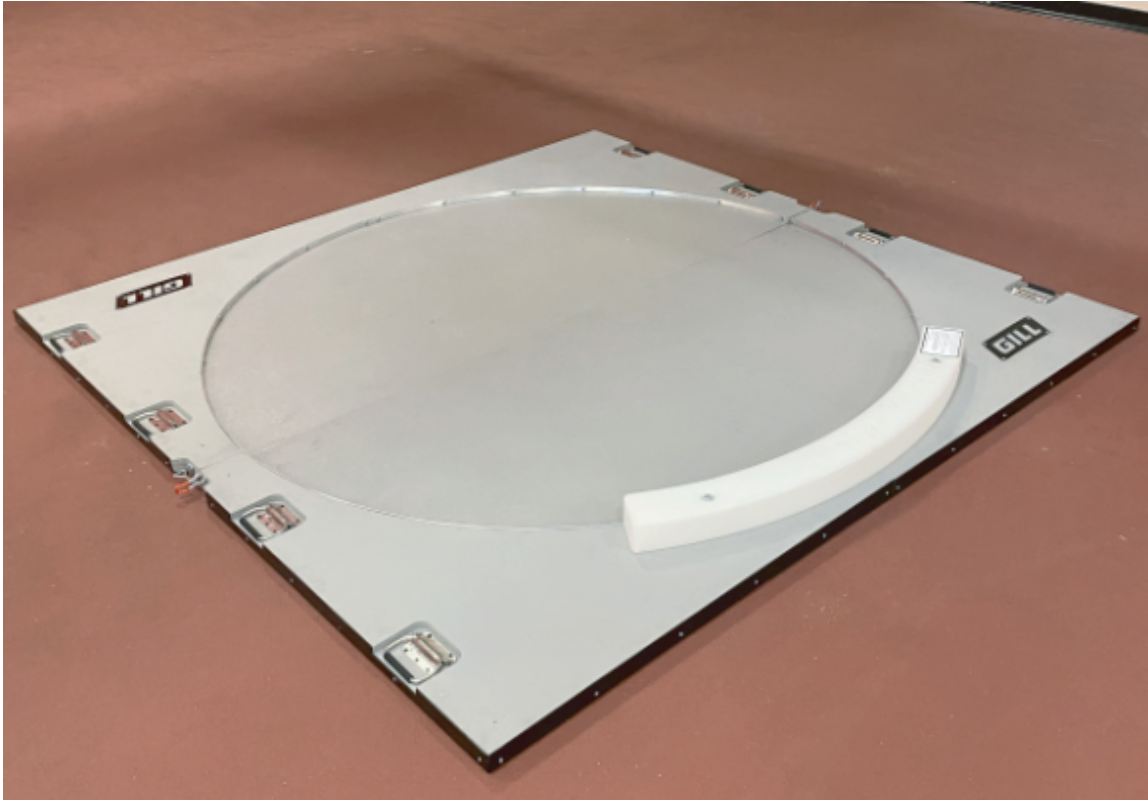
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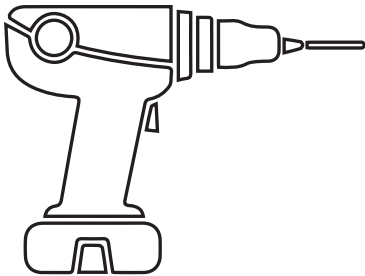
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## 358 - SYNTHETIC TOEBOARD for RECESSED PAD HOW TO INSTALL ON A PORTABLE SHOT / INDOOR WEIGHT RING

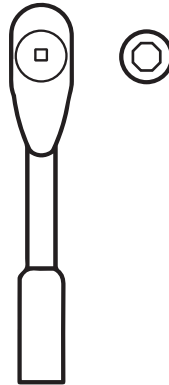
How to Assemble a 358 Synthetic Toeboard on a Portable Shot / Weight Platform



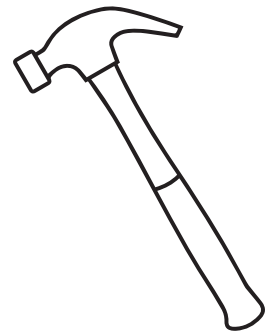
Tools Needed:



DRILL  
9/16" DRILL BIT



SOCKET WRENCH  
3/4" SOCKET



HAMMER

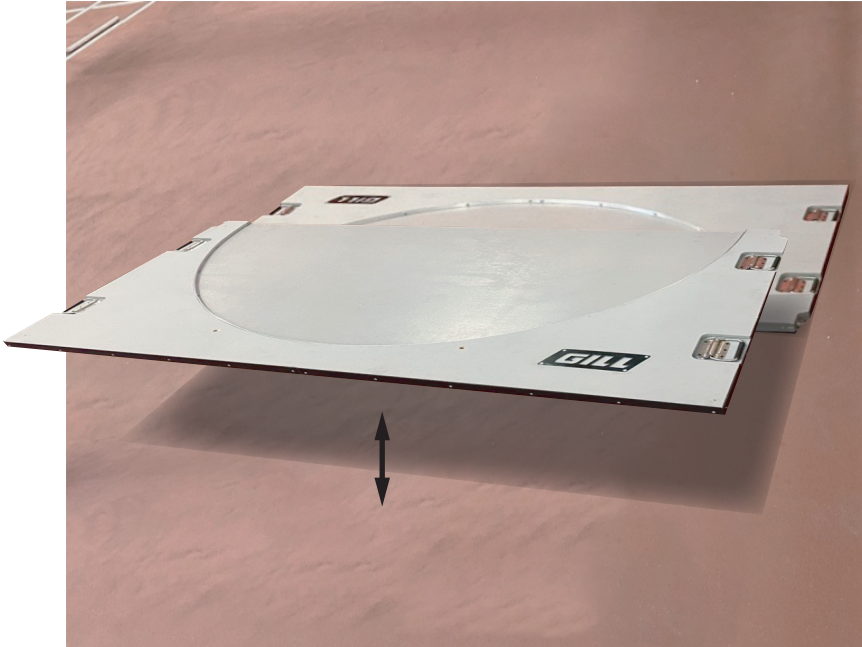
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## 358 - SYNTHETIC TOEBOARD for RECESSED PAD HOW TO INSTALL ON A PORTABLE SHOT / INDOOR WEIGHT RING

### STEP 1: ELEVATE PLATFORM SECTION

Raise platform section off of the floor to allow for drilling through without damaging your flooring.



### STEP 2: LINE UP TOEBOARD ON PLATFORM

Using the toeboard as a template, mark the center of the holes to be drilled for the bolts.

Be sure the toeboard is properly positioned with the inside curved edge of the toeboard even with the inner edge of the ring.







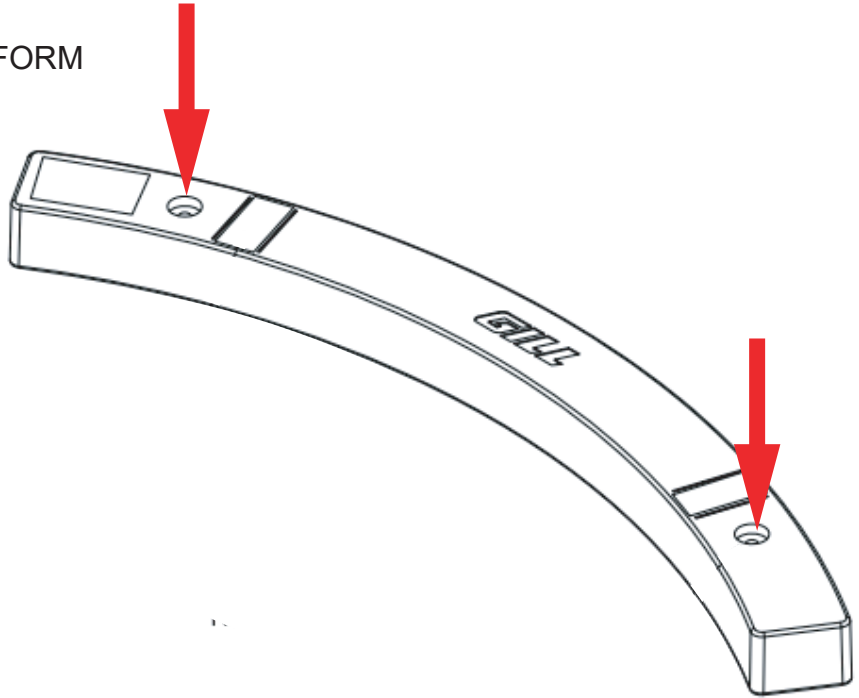
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## 358 - SYNTHETIC TOEBOARD for RECESSED PAD HOW TO INSTALL ON A PORTABLE SHOT / INDOOR WEIGHT RING

### STEP 3: DRILL HOLES INTO PLATFORM

Using a 9/16" drill bit, carefully drill through the pre-existing hole in the toeboard and all the way through the wood.

Do this for both holes in the toeboard.





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## 358 - SYNTHETIC TOEBOARD for RECESSED PAD HOW TO INSTALL ON A PORTABLE SHOT / INDOOR WEIGHT RING

### STEP 4: FLIP OVER PLATFORM

Flip platform over to find the 2 holes just drilled.



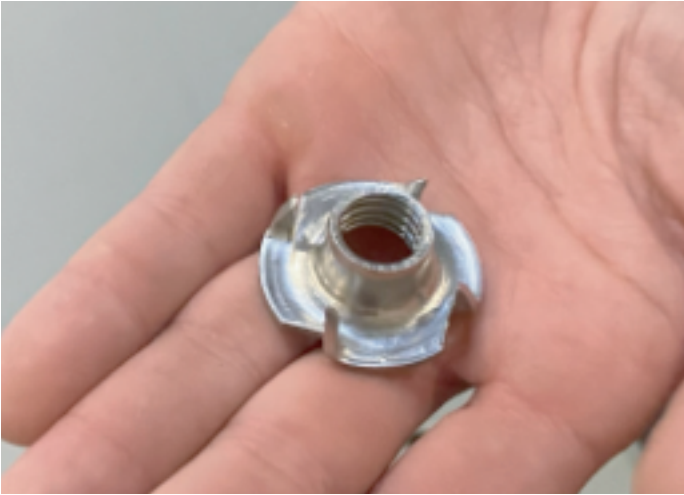
**358 - SYNTHETIC TOEBOARD for RECESSED PAD  
HOW TO INSTALL ON A PORTABLE SHOT / INDOOR WEIGHT RING**

**STEP 5: HAMMER IN THREADED INSERTS**

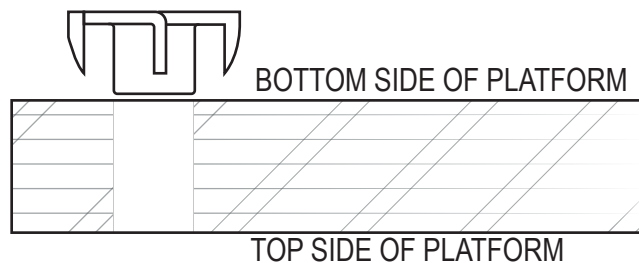
Position the threaded insert so that the teeth are facing into the wood.

Begin by gently hammering threaded insert into the hole to make sure it goes in straight.

Once started, you can use the hammer with more force to make the teeth of the insert fully engage into the wood.



ORIENTATION OF INSERT  
CRITICAL







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## 358 - SYNTHETIC TOEBOARD for RECESSED PAD HOW TO INSTALL ON A PORTABLE SHOT / INDOOR WEIGHT RING

### STEP 6: SECURE TOEBOARD TO PLATFORM

Flip the platform back over so the top is facing up.

Using a 3/4" socket, begin fastening the toeboard with the 1/2"-13 x 4" hex bolts and 1/2" flat washers provided.

Do not overtighten, should be hand-tight.

